

# Yoga & Silent Auction

**Proceeds Benefit Programs & Scholarships of Leadership Guidance Research Institute an educational 501c3**

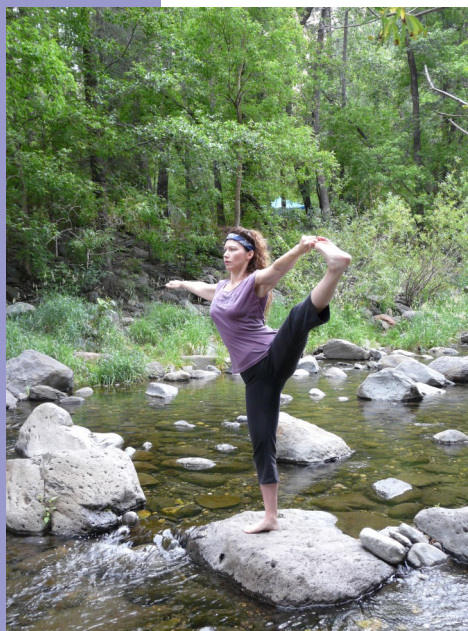
**Date: 11/13/11 Sunday**

**Time: 11:00 Yoga  
12:30 -3:30 Silent Auction,  
Appetizers & Food from  
Capriottis**

**Pre-register by: 11/12/11  
Not Necessary to attend Both  
Yoga & Auction  
All levels of Yoga Welcomed**

**Where:  
McDowell Mt. Center  
16116 N. McDowell Mt. Ranch Rd  
Scottsdale, AZ  
Donation Request  
\$8.00**

**"A Balanced Body & Mind is  
Open to Meet Potentialities"**



## Auction Items

Gift Cards, Gift Baskets, Food, **Raffles**, Some of the Organizations include: Capriottis, Olive Garden, Red Lobster, Cheesecake Factory, RA Sushi, Village Tavern, Chilis, Starbucks, Pei Wei, PF Changs, NYPD, McCormick & Schmick's, Macaroni Grill, Sams Club, Costco, Kona Grill, Hooters, Bomba Club, Yoga, & more!

**Sponsored by:  
Bodhi Mind  
Therapy/  
Leadership  
Guidance &**

**Dr. Loretta Gorman  
Certified Mind/Body  
Wellness Practitioner,  
Yoga Instructor,  
Hypnotherapist, Coach  
& Professor**

[www.leadershipguidance.org](http://www.leadershipguidance.org)

All Programs are Evidence Based by Research

**MMR Classes in Yoga, Hypnotherapy/Guided Imagery, Mindful Stress Reduction, Meditation & Coaching**

## Mail Form & Donation

**Bodhi Mind Therapy/  
Leadership Guidance  
10401 E. McDowell Mt. Ranch #2294  
Scottsdale, AZ 85255**

Donation \$ \_\_\_\_\_ Email \_\_\_\_\_

Name (print) \_\_\_\_\_ Attending Yoga Y N

Address \_\_\_\_\_ Attending Auction Y N

Phone \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian if under 18 years of age. \_\_\_\_\_ Date \_\_\_\_\_

Phone: 480-200-8590

Email: [dr.gorman@leadershipguidance.org](mailto:dr.gorman@leadershipguidance.org)

[www.leadershipguidance.org](http://www.leadershipguidance.org)

Sex & Age \_\_\_\_\_

Level Of Yoga \_\_\_\_\_

**MMR Classes Starting: Yoga, Hypnotherapy/Guided Imagery, Mindful Stress Reduction, Meditation & Coaching**  
Early between 6-9 am/pm classes/sessions interested Y N